



CASA Granada Fall 2024 Student Handbook

In partnership with the **University of Granada**
the **CASA Granada Divisional Center**
provides education abroad programs and facilitates
international research collaborations.

CASA Consortium for
Advanced Studies Abroad



**UNIVERSIDAD
DE GRANADA**



**CENTRO DE
LENGUAS
MODERNAS**
Universidad de Granada

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ADDRESS

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Universidad de Granada
C/ Paz, 18 – 1ª planta
18002 Granada

HEALTH CLINICS

[Policlínica Alminares](#)

Possibility of going directly without an appointment from Monday to Friday from 8am to 11:30 pm.

Calle Alminares del Genil 7, Bajo
18006 Granada
Tel: +34 958-183-320
Bus: 8

[Clínica Granada Norte SL](#)

Possibility of going in the afternoons without an appointment, although you have to wait and they do not guarantee that they will be able to assist you. From 4:30 pm to 8:30 pm from Tuesday to Friday there is a doctor who speaks English.

Calle Friburgo 66-Bajo
18013 Granada
Tel: +34 958-170-290

EMERGENCY NUMBERS

CASA 24-Hour Emergency Cell:
+34 672-376-988

Police	112
Local Police (Granada)	091
Ambulance	112
Fire Department	112

U.S. EMBASSY (MADRID)

Tel: +34 915-872-200

U.S. CONSULATE (MÁLAGA)

Tel: +34 952-474-891

SANITAS

Spanish Medical Insurance & Health Services
Tel: +34 900-906-210

www.sanitas.es

Medical Emergencies (24 hr): +34 917-522-901
Medical & all health-related services in Spain.

INTERNATIONAL SOS

Health & Safety Assistance Worldwide
+1-215-942-8478

Call collect; they will accept the charges.
Assistance with health, safety & travel emergencies in and outside of Spain.

[Hospital Vithas](#)

Av. Santa María de la Alhambra, 6
18008 Granada
Tel: +34 618-671-168
Email: International.granada@vithas.es
Bus: 33, 13

[Hospital Inmaculada](#)

C/ Alejandro Otero, 8
18004 Granada
General Tel: +34 958-187-700
Phone/Whatsapp to schedule appointments:
+34 646-387-164
Email: hospital.inmaculada@grupohla.com
International Patient Office Hours: Mon-Fri
8:00am-10:00pm / Saturdays 8:00am-3:00pm
24-Hour Emergency Room
Bus: U3, C5

The Consortium for Advanced Studies Abroad (CASA) is a non-profit consortium of leading research universities created for the purpose of organizing and delivering rigorous education abroad programs in collaboration with top world universities.

TABLE OF CONTENTS

INTRODUCTION	4
Resources	4
Program Overview	4
The City of Granada	4
University of Granada	4
UGR Modern Language Center	5
Casa Granada Divisional Center	5
CASA Granada Staff	6
PRE-DEPARTURE	8
Travel Documents	10
Passport	10
Student Visa	10
Health Insurance	11
Prescription Medications	11
Immunizations	12
Contraception and STDs	12
Clinics and Counseling	12
Money	12
Personal Expenses	12
Banking	13
ATMs	13
Credit Cards	13
Getting To Granada	13
Personal Goals Worksheet	15
ON-SITE	16
Housing	18
Safety	22
Safety Tips	23

What to Avoid	24
Emergency Communication Protocols	24
Health Insurance & F Assistance	25
Travel during the Fall 2024 Semester	28
Program-sponsored travel	28
Independent student travel	28
Transportation	28
Helpful Links	31
Culture Shock	31
Strategies for Coping with Cultural Stress	32
ACADEMICS	34
Academic Overview	36
Academic Contract	37
Intensive Spanish Language Program	38
Spanish Language and Culture Program	39
Hispanic Studies Program	41
University Studies Program	43
Translation & Interpreting Program	45
POLICIES	48
Consortium For Advanced Studies Abroad Code of Student Conduct	50
RE-ENTRY	52
Returning Home	53
Grade Reporting	53
Reverse Culture Shock	53
STUDY ABROAD JOURNAL	56
U.S. EMERGENCY CONTACT INFORMATION	61

INTRODUCTION

Resources

This handbook is designed to provide you with useful information as you prepare to engage with the academic, cultural and sociolinguistic context of the city of Granada. Use it as one of several resources that are available to you and be sure to do your own research into the region so that you are better prepared to maximize your experience in southern Spain. Please see the additional resources and handbook posted on the CASA Granada website.

The dedicated staff at the CASA Granada Center will also be valuable resources to you during pre-departure preparations, on site in Granada, and even upon completion of your program.

Program Overview

The **Consortium for Advanced Studies Abroad** (CASA) is a non-profit consortium of top research universities which organizes and delivers rigorous education abroad programs in collaboration with leading world universities. CASA Granada is administered by Brown University and offers the opportunity for students at all levels of Spanish language proficiency to expand their horizons through a combination of top-notch academic studies, traditional immersion programming and innovative experiential activities. The goal is for CASA Granada students to engage with the local and university communities in meaningful and collaborative ways that will have lasting implications for their formation as global citizens.

The City of Granada

Granada is a lively city with a population of approximately 250,000 residents, including the University community of about 60,000 local and international students. The city virtually comes alive in mid-September when the students return to classes. Granada also amazes the visitor with its combination of ancient and modern architecture, bustling city streets and quite cobblestoned alleys, quaint plazas and lively nightlife, urban amenities and the natural beauty of the Sierra Nevada, always within sight. Granada boasts a high quality of life and a climate that invites outdoor hobbies and sports of all kinds. The legacy of its long and varied history is ever-present in its monuments, local culture and cuisine. There is much to discover, savor, study and enjoy in the city of Granada.

University of Granada

The [University of Granada](#) (UGR), founded in 1531 and one of the oldest universities in Europe, continues a long teaching tradition the roots of which can be traced back to the madrasahs of the last Nasrid Kingdom. For almost 500 years, the University has been a clear exponent of historical, intellectual and cultural tradition and an important center of education among Europe's universities.

Today the UGR is a comprehensive research university with seven campuses, over 60,000 students, and a vast range of courses offered at the undergraduate and graduate levels. The UGR is a leading world university and is ranked number two in Spain according to the 2023 ARWU-Shanghai

Ranking. The UGR is recognized internationally for its excellence in research in several scientific fields and boasts over 400 research groups across the University departments and 12 research institutes. It's ranked among the top 50 universities in the world for computer science research. The UGR is also the number one European university for international mobility, both incoming and outgoing, through the Erasmus Program.

The combination of UGR's renovated historical buildings throughout the city center, with its cutting-edge research labs at the state-of-the-art Health Sciences Technological Park, make it a unique and spectacular place to study.

UGR Modern Language Center

The [University of Granada Modern Language Center](#) (CLM) offers both local and international students a multi-cultural, multi-lingual environment where world perspectives and traditions are exchanged on a daily basis. Students from 35 different countries around the world come yearly to the CLM to study Spanish language and culture, while Spanish students are studying other modern languages in the classrooms right next door.

Recognized by the Cervantes Institute for excellence in the delivery of a broad array of language programs, the CLM is a pioneer in Spanish language instruction for international students, with origins that date to the delivery of its first program nearly 50 years ago.

The CLM is fully equipped with a specialized languages and linguistics library and the most up-to-date audio-visual aids in both classrooms and language laboratories that are set up for multimedia and audio-video activities. The two CLM buildings are located in the historic Realejo neighborhood in close proximity to the newly renovated UGR School of Architecture. The main building is found in the old Palace of Santa Cruz (16th C.), the restoration of which for educational purposes was completed in 1992. The second building is the old Hotel Kenia, adapted for teaching purposes in 2005.

Casa Granada Center

On the first floor of the University of Granada's "Palacio de la Jarosa," the CASA Granada Center provides an ample and welcoming space to students and visiting professors. This facility is shared with the University's Confucius Institute and Center of Slavic Cultures making it a truly international and intercultural space. The CASA Granada Center is located in the very heart of the city offering easy access to students enrolled in the various programs at the UGR & CLM.

CASA Granada Center
Universidad de Granada
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18002 Granada
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CASA Granada Team

SOPHIE COLLINS ARROYO, Intern



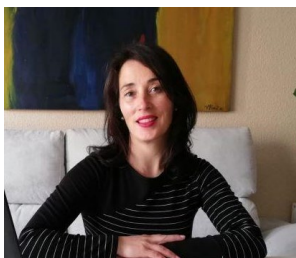
Sophie is from Boston, Massachusetts. She graduated from Harvard University, where she studied mathematics with a secondary in Spanish. In the fall of 2023, she spent her last semester of college studying abroad with CASA Granada. She began working as a CASA intern in the spring of 2024. She's so excited to help students have study abroad experiences as rewarding as hers was. Studying abroad was a big part of her language learning and she loves to see students gain confidence in their Spanish over the course of the semester. She's thrilled to be able to continue to explore Granada and learn from students' experiences. In her free time, she loves to discover new artists by going to concerts in the area.

ALICIA JIMÉNEZ MANTSIOU, Student Services Coordinator



Ali was born in Granada although she is half Spanish and half Greek. Probably for her family cultural environment, she has always considered learning about other cultures an aspect that enriches people. She studied Slavic Philology and completed a PhD in Literature at the University of Granada. She also had the opportunity to live in different foreign countries. She is passionate about culture, history and art. She loves taking part in cultural activities, learning about monuments and interesting places and giving workshops for adults and children. Ali has a long experience in higher education. She has taught both at foreign Universities and at the University of Granada and Centro de Lenguas Modernas (CLM). In addition, she has worked as a Student Assistant for other study abroad programs hence she is aware of the interests and needs of the international students.

INMACULADA CORREA FLORES, Assistant Director



Inmaculada grew up in Extremadura, in a small town surrounded by the typical "dehesa extremeña," a beautiful landscape of oak and cork trees. Inmaculada has always felt a passion to learn about other cultures, and in her different travel abroad experiences she has had the opportunity to fulfill her dream. She truly enjoys meeting and interacting with diverse people. Inmaculada studied Spanish Philology at the University of Granada with a major in Spanish Literature and a minor in Linguistics. She went on in her studies and completed a Master in English Literature. More recently, she completed studies to become an official guide in Andalucía. Inmaculada loves Granada. Ever since she first arrived in this city in 2000, she has been in love with it. She has previously worked as a Program Coordinator for another study abroad program and has also been a Spanish teacher at the Centro de Lenguas Modernas (CLM). And prior to that, Inmaculada spent an academic year as a TA at Bucknell University, PA. All those experiences together with her personal character have provided her with great insight about the needs of students from North American institutions. Inmaculada thoroughly enjoys working with CASA Granada students, and having the opportunity to share her passion with other people is a gift.

CHRISTINE KELLY-VEREDA, Director



Christine is originally from southeastern Massachusetts, although by now she has spent much of her life living in southern Spain. Prior to moving to Granada, Christine worked at the Office of International Programs at Brown University and for the LASPAU Program at Harvard University. In 2005, she moved to Granada to direct Arcadia University's programs in Spain and, since then, Christine and her husband have become fully integrated into the local community, started a family, and embraced all of the benefits of living in Granada. Among her favorites are the proximity of the Mediterranean Sea and the Sierra Nevada (with great hiking and skiing!).

Christine has been working in international higher education for over 25 years, holding positions in numerous offices which serve both study abroad students and international students, at both home institutions and host institutions, in the U.S. and in Spain, all of which has offered her a very holistic perspective on the field. The most fulfilling part of her work is facilitating the learning that happens outside of the classroom where students living in another culture not only learn about that culture but learn a great deal about themselves. Christine holds a Master's Degree in Developmental and Educational Psychology from Boston College where she focused on identity development in college students and is currently engaged in a doctoral program in psychology at the University of Granada.

PRE-DEPARTURE



Travel Documents

Passport

If you do not currently have a passport you should start the application process as soon as possible. The process can take two weeks to a month depending on which procedure you follow.

Applying in person:

<https://travel.state.gov/content/passports/en/passports/applyinperson.html>

Applying online:

<https://travel.state.gov/content/passports/en/passports/apply.html>

Remember: Your passport is the most valuable document you have when outside the United States. Know where it is at all times. When you receive your passport, make several copies of the front pages and keep the copies separate from your baggage. You should leave a copy of your passport at home with your parents. Once in a foreign country, keep your copies in a safe place. This will facilitate replacement if your passport is lost or stolen. The CASA Granada staff will also have a copy on file.

Student Visa

The Spanish government requires that all US citizens, and many non-US citizens, studying in Spain for over three months obtain a valid student visa PRIOR TO ARRIVAL IN SPAIN. You must have a valid passport in order to apply for a student visa. Do not leave this matter until the last minute as it may jeopardize your ability to study abroad in Spain. **Students must have the required Spanish visa in order to participate in the CASA Granada Program.**

Immediately check with the Spanish Consulate that corresponds to your permanent address and begin the application process according to its process and requirements. You must contact the consulate with jurisdiction over the state in which you reside to obtain the necessary visa applications and instructions. In some cases, it may be possible to use the consulate associated with the state in which your university is located but this must be verified with the consulate itself. **It is your responsibility to inform yourself of the requirements and to get your own visa.**

The requirements for obtaining a visa may vary from one Spanish consulate to another. ALWAYS verify the application procedures with the consulate that has jurisdiction over your home residence: <http://www.immihelp.com/visas/schengenvisa/spanish-consulates-usa.html>.

A letter stating that you are enrolled in a full-time academic program will be required among the visa application documents. You will receive this letter from your study abroad office in plenty of time to apply for the visa.

Year-long study abroad students may also be required to submit a physician's letter indicating that you are in good health, free of contagious disease, drug addiction or mental illness. These items must be specified in the letter and it must be signed by a medical doctor.

In some cases, you may be required to present a statement or a record from the police department indicating a record of good conduct. This is required for all year-long students.

Some consulates will not process visa applications before or after certain dates, and the process can take several weeks, so it is very important to check the requirements early. Generally, one or two visits to the consulate are required so students must plan accordingly.

When entering Spain, make sure that the official at passport control stamps your passport on the same page as your student visa. The student visa is valid for 180 days if you are a semester program student. If you are a full-year program student, your initial visa will be valid for 90 days and you will be required to extend your stay once you are in Spain by obtaining a resident card within the first 30 days after your arrival date. The CASA Granada staff will assist you with this process.

Any questions you have about the visa application process, or regarding entry into Spain, should be directed to the Spanish consulate from which you are obtaining your visa materials and/or to your study abroad office.

Health Insurance

Questions to consider when acquiring health insurance for study abroad:

- ✓ Will the plan cover hospitalization for accidents and illnesses during the entire period while I am abroad? Some policies provided by a parent's employer may cover medical expenses for brief stays abroad but not for a full semester/academic year abroad.
- ✓ Will the plan cover doctor visits and medications prescribed abroad?
- ✓ Is there a deductible? If yes, how much?
- ✓ Is there a dollar limit to the amount of coverage provided?
- ✓ When does the plan begin and end?
- ✓ Will the insurance cover me in the U.S. for the insured semester if I decide, for medical or other reasons, to return home? (If students have a serious accident or illness abroad, they may need to return to the U.S. for further care. It is therefore important that the coverage applies not only abroad but also in the U.S. during this period.)
- ✓ Does the plan cover pre-existing medical conditions?
- ✓ What are the procedures for filing a claim for medical expenses abroad? Do I need to pay the expenses up front and then submit receipts to the insurance company for reimbursement? Make sure you are fully informed by the insurance company on how to arrange for routine treatment, deal with medical emergencies, and what is required to pay for and be reimbursed for a claim.

Many overseas health providers will not process American insurance claims and will expect payment at the time of service so students should have access to a minimum of \$500 (either by credit card or traveler's checks held in reserve for emergencies) in the event that medical treatment is required abroad. Always obtain a receipt for care/treatment to submit with your insurance claim for reimbursement.

Prescription Medications

If you require prescription medications, **you should bring a supply with you to Granada to last the entire time that you will be abroad.** Although many medications are available worldwide, they are not always identical in strength or composition to what you take at home. In addition, brand names of the same medication usually differ between the U.S. and Europe.

Bring medications in your carry-on luggage, in their original containers, along with a letter from your doctor explaining the dosage, why the medication has been prescribed, and why you are traveling with a large quantity. This is especially important if you enter Spain with medications that are highly controlled due to their tendency to be abused in other contexts. **Important: It is illegal to mail or ship medications to Spain.** Any medications found in a package will be confiscated and a heavy fine may be assessed.

Immunizations

Immunizations are not necessary for travel to and within Spain.

Contraception and STDs

It is extremely important to be informed ahead of time about the availability of various services and products related to contraception and sexual activity in Spain. Birth control pills, for example, can be prescribed by a medical doctor in Granada and bought at pharmacies throughout the city. Condoms are also easily purchased at drug stores, pharmacies and at vending machines in bars and pubs.

Unprotected sexual activity risks exposure to sexually transmitted diseases, including HIV. The rate of infection has increased more rapidly in Spain than in other European countries in recent years and continues to be a serious concern in Europe in general. If you worry that you have become exposed to HIV or any other STD, you can be quickly and confidentially tested in a local hospital.

Abortion in Spain is currently legal without restrictions up to 14 weeks of pregnancy. After the first trimester, abortion is only legal (until 22 weeks) in certain carefully controlled conditions including serious health risks to the mother and/or fetus. The morning-after pill can be obtained over-the-counter at pharmacies without a prescription.

Clinics and Counseling

Local health clinics and counseling services will be discussed during the orientation program. CASA Granada staff are available throughout the semester to help students make appointments and can also accompany students who request such assistance.

Money

Banking and money matters are your responsibility. Refer to the estimated living costs provided by your home school and plan accordingly. You must budget and manage your money carefully.

Program Fees

The program fee that you pay to your home university covers tuition and related academic activities, program excursions, and other program-related events, as well as private Spanish health insurance. It does not cover airfare, housing and meals, books, local public transportation and other personal expenses. Please see the CASA Withdrawal Policy for details on withdrawing from the program. Consult with your home study abroad office regarding refunds.

Personal Expenses

Before you leave for Granada, you should plan how you will manage your money during your term abroad. You will need to budget for [personal expenses](#) such as groceries/meals, local transportation, books, toiletries, social activities, etc. The good news is that you will find the cost of living in Granada to be very low compared to many other U.S. and European cities. Just remember

to budget for the use of public transportation, which is the main mode of getting around for local university students.

Banking

The Spanish banking system can be cumbersome, and there can be long delays in transferring money to a local account in Granada. With the abundance of ATMs throughout the city, it is not necessary to open a bank account. If you decide to do so however, it is advisable that it be a savings account (Libreta de Ahorros) rather than a checking account (cuenta corriente). Checks – even on local Spanish banks – are generally not accepted for purchases. Banks are generally open Monday through Friday from 8:30am to 2:00pm.

ATMs

ATM machines are readily available in Granada and throughout Spain. The most common cards used in the U.S. are accepted in nearly all machines and students have found this to be the most convenient way to access funds. If you need more funds while abroad, it is much easier (and less costly) for parents/guardians to simply deposit money to your U.S. account rather than send you money by wire. ATM withdrawals generally give you a competitive exchange rate, but bear in mind that you will likely be charged a transaction fee by both the local and your home banks. If you plan to use an ATM card, advise your home bank that you will be out of the country and specify the dates so that it can ensure that your card will not be rejected in Granada due to a concern about identity theft. You may also want to consider having a guardian's name on your account. Finally, make sure you have a PIN that functions internationally (most ATMs in Europe have numbers rather than letter keys).

Credit Cards

The use of credit cards, particularly Visa and MasterCard, have become commonplace throughout Europe and can be invaluable in a financial emergency. Ask your bank for a PIN identification number that will be valid in Europe. In the event of an emergency, you can go into any Visa or MasterCard participating bank and draw cash immediately or purchase traveler's checks. Because of high interest rates and fees charged for cash advances, it is advisable to avoid this method to obtain money unless you have no other option.

In some cases, a Spanish merchant may not allow a credit card to be used when the amount being paid is too small. For example, it may not be an option to use a credit card to pay for an inexpensive meal in a restaurant even though there may be a Visa or MasterCard logo in the window. It is wise to ask before assuming you can use your credit card. It is important to carry some form of ID with you when making purchases with your credit card, as you may be asked to show your ID. A photocopy of your passport is usually sufficient.

At a cardholder's request, most major lenders will issue an additional card in a child's name. If you plan to use a guardian's credit card account, you should request the additional card early enough for you to have it before you leave and it should have your name printed on it exactly as it appears on your passport.

Getting To Granada

The Granada-Jaen Airport (airport code: GRX), named after Federico García Lorca, is located 15 kilometers outside of the city. There are no direct flights from the United States to Granada, so your initial arrival to Spain will likely be through Madrid (MAD) or Barcelona (BCN) with a

connecting flight to Granada (GRX). Another option is to fly into the Málaga Airport (AGP) and take a bus to Granada (approximately 1.5 hours).



Students are responsible for making their own travel arrangements and must arrive in Granada by the first day of the program (see the Academic Calendar section for exact dates), preferably by 6:00pm local time. Keep in mind that most transatlantic flights to Spain are overnight flights and that you will arrive in Spain the day after you depart from the United States.

When checking in for your international flight, verify that your luggage will be checked all the way through to your final destination. Upon arriving in Spain, you will proceed through passport control and on to your connecting flight. In general, you will clear Customs after retrieving your luggage at your final destination. Luggage arriving from a country outside of the European Union will often be retrieved from a separate belt, or even in a separate room, depending on the airport.

Getting from the Granada-Jaen Airport to the city – approximately 30-45 minutes by car/bus:

Airport Bus

A bus departs from the airport approximately 30 minutes after each arriving flight. It makes several stops in the city center and costs approximately €3.00 which you pay to the bus driver upon boarding the bus.

<https://www.alsa.es/aeropuertos/granada-jaen>

<http://www.aena.es/es/aeropuerto-federico-garcia-lorca-granada-jaen/transporte-publico.html>

Taxi

If you do not want to walk through the streets with your luggage, you can get a taxi to your exact destination. The taxis line up at the taxi stand just outside the airport and can generally take 3-4 people depending on the size of your luggage. It is common for students arriving on the same flight to share a taxi to the orientation hotel. The flat rate is approximately €30.00 from the airport to the city center.

Personal Goals Worksheet

Carefully consider your personal goals for your semester in Granada and list them here:

(You will review these goals in individual meetings with program staff on-site.)

Name _____

1. _____

2. _____

3. _____

4. _____

5. _____

ON-SITE



Housing

Students will have the option to request one of the following types of housing, which will be assigned according to their Spanish language level of proficiency or specific eligibility:

- Homestay Accommodations
- University Residence Hall
- Independent housing (see restrictions below)

Homestay Accommodations

CASA works with a select number of host families whose homes meet specific health and safety guidelines. All homestay accommodations are located in safe neighborhoods at varying distances from the city center and from the University facilities.

CASA students (one or two to a home) will have a single room and a shared bathroom. All meals are included in the housing fee. Bed linens and towels are also provided and students' laundry is washed weekly. Students are given keys to the home (generally a condominium) and can come and go as they please. There is no curfew, only an expectation of common courtesy and open communication. Internet access is also provided in every homestay accommodation.

There are numerous benefits to living with a host family, the most important of which is the constant exposure to Spanish language, cultural norms and cuisine. Students can expect to have at least 1-2 meals/day together with the family (according to work and class schedules); and daily conversations around the table can be a wonderful way to expand both vocabulary and an understanding of current events in Spain.

It is important to make note that, as in the U.S. and elsewhere, the composition of a Spanish family will vary from home to home. It is also possible that CASA students will share their home with another international student. The University of Granada is the most highly requested destination among ERASMUS students (European study abroad students) and is also a popular destination for Asian, North African and Latin American students. This brings a young, engaged international community not only to the city of Granada but to the homes of its residents as well. CASA students often learn a great deal about other countries and cultures through friendships with their international housemates and continue to improve their Spanish as it is generally the shared language.

Here are some past students' reflections on their homestay experiences:

"I could go on and on about this family and the impact they had on my abroad experience. I had the time of my life in Granada and I know a lot of that had to do with living with this amazing family. Saying goodbye to them was the hardest part about leaving Granada. CASA is fortunate to work with such great people that are willing to offer their home, and a space in their family, to a host student." Sara (Spring 2020)

"The food was incredible and I was able to speak to my host mom during the meals. She loves to chat which I really liked because I always came home to each meal with questions, whether about general life in Granada, things I wanted to visit, political questions, or questions that would come up as we watched the news...from her sons I learned how to speak more conversationally, which was invaluable." Ari (Spring 2020)

"When I arrived, I did not speak Spanish very well - living with this family, you'll learn really quickly because they love talking about Granada and Andalucía! Also, they have hosted many study abroad students, so they are very well versed in how students usually approach Spain and Granada in particular, which made it very comfortable for me." Carter (Spring 2020)

"It is hard to describe in words how much I loved my semester abroad experience in Granada. I didn't speak any Spanish when I arrived, but with the support of the program staff, the professors at the CLM and my host family, I was both proficient and confident in Spanish by the time I left. Granada is a city with a large college student population, and the community of Granada is unlike any other. Everyone was surprisingly friendly and welcoming, especially to Americans like me who were trying to learn Spanish, and there is so much to do in Granada, both during the day and at night. Anyone who is looking for an amazing semester abroad experience where they can learn (or reach fluency in) a language and fully immerse themselves in a fun, rich culture with great people and delicious food should absolutely consider studying abroad in Granada." Melissa (Fall 2014)

Carlos V Residence Hall

At the University of Granada-affiliated [Carlos V Residence Hall](#), each CASA student has an individual room with a private bathroom and shares an adjoining kitchen with one other CASA or UGR student. Rooms have air conditioning and heat. Utilities, wifi, linens and a weekly cleaning service are included in the housing fee.

Meal Plan

A meal plan is included in the housing fee for three meals per day on weekdays (Monday through Friday), not on weekends, breaks or holidays. The dining hall is on the lower floor of the residence hall facilities. Please be aware that university dining halls in Spain are very different from those in the U.S. The opening hours are very limited: breakfast is from 7:30-10:00; lunch from 13:00-15:30, and dinner from 21:00-22:30. There is no buffet or self-serve area and meals follow the cultural norms of the country (e.g. breakfast is not as varied and rich in protein as in the U.S.) At lunchtime, there will be two options (menú 1 or 2) each with a first and second course and a dessert. For dinner there is only one option.

Dietary Accommodations: You may ask for dietary accommodations: vegan, vegetarian, gluten free. (It is necessary to include that information in the intranet because you will have to fill in an extra form that we will send to you later in the process).

Take Away: You need to request this option in advance. You can pick up lunch and/or dinner from 1-3:30pm at the dining hall.

For more information about the meal plan click [here](#).

On the weekends and holidays, you can purchase groceries at the well-known Spanish supermarket chain called MERCADONA located nearby.

The Carlos V Residence Hall is located on the University's Cartuja Campus, along with the Schools of Business and Economics, Humanities, Education, Pharmacy and Psychology. The distance to the other UGR schools and centers, which are spread out across the city, varies greatly (for example: 1.7Km to the School of Political Science, 2.5Km to the Modern Language Center, 6Km to the Health Sciences Campus). Public buses run frequently and several lines connect the university campuses.

According to past students, a disadvantage to living at the residence hall has been the distance from their dorms to downtown Granada. However, some students like Toby (Spring 2022) have enjoyed the walk or bus ride, seeing it as an opportunity to integrate into a daily local routine:

“At the start of my semester in Granada, there was a lot of chatter amongst the CASA students expressing our apprehension about living in Campus Cartuja, despite its luxurious accommodations, as it was so far from the city center and the CLM where I would be taking classes. Initially, waking up to walk to class was easy and exciting. Just as the novelty of seeing a new city wore off, though, I found myself caught in a beautiful routine. Every day, I would see the same people pass me going in the opposite direction on the sidewalk. I would see the same shop owners mopping the sidewalk outside their store—a truly fascinating urban phenomenon to observe in Spain. I would see parents drop their children off at school and be caught in a cloud of teenagers as school got out on my way home. Many days, I would run into a classmate sitting outside a café at midday and stop to chat or even join them for an impromptu lunch. Most touching of all, almost every day I saw the same couple say goodbye in front of a neighborhood grocery store as they headed in opposite directions. Soon enough, I had built my own relationships into this routine. I would go to the same bakery to get una napolitana de chocolate to start my day and exchange a couple of words with the lady behind the counter. In the evenings as the week stumbled to an end, I would head to a nearby bar where, soon enough, the waiter didn't even have to ask me what I wanted to drink when he saw me grab a table. Before long, my half hour walks each way to school had become a highlight of every day. As I got to lose myself in thought, planning my day and observing the urban fabric of Granada, I also became one with the rhythm of the city—others went about their routines all around me and I soon became a part of their schedule as much as they were a part of mine.”

According to past CASA Granada students, advantages to living at the residence hall include:

- Living among Spanish college students (the great majority of the 300+ residents are Spanish) and the proximity of the UGR Schools mentioned above.
- Access to residence hall common areas and facilities (gym, TV room, etc.) and organized activities (yoga classes, excursions, etc.).
- The bonding, friendships and support network that result from living in the same location with several other CASA students.

In terms of exposure to Spanish and opportunities to engage in the language, this is what former student Mitch (Fall 2022) had to say:

“Before moving into the residence, I was worried that I would not get the same level of exposure to the Spanish language that I would if I was living in a homestay, but it became clear quickly that that assumption was not totally correct. In this residence there is a communal kitchen, laundry room and common areas where tons of students gather to hangout. As a relatively outgoing guy, I found this allowed me many opportunities to practice my language skills and spend time with Spanish people around my age.”

Utilities

You will have an air conditioner, heating and wifi but it is important to be aware that they are limited. In relation to wifi, you will have up to 5 mbs included. You can contract the Premium service for an additional cost.

As for the consumption of water and electricity, they are included but each room has a meter so any **excessive use** will be charged apart. (You can ask in reception at any time how much you have consumed.) Please be aware of the lack of water in the south of Spain and the importance of a conscientious use of both resources for the wellbeing of the planet. Do not leave the room with the air conditioner/heat left on, do not take long showers, etc.

You will share a kitchen with another person. If there are two of you who would like to share an adjoining kitchen, both students should specify it in the Housing Request Form at the CASA Granada Intranet.

Weekly cleaning service and change of towels/sheets are included in your housing. The cleaning service does not include the kitchen.

Every kitchen has a microwave and fridge. Even though the Residencia usually does not provide utensils, you will be provided with one of each of the following items:

- Plates (1 soup, 1 dinner and 1 dessert)
- 1 bowl
- 1 glass
- 1 tea cup
- cutlery (1 person)
- 1 frying pan
- 1 pot

Independent Housing in Local Apartments

The CASA Granada Program permits independent living arrangements strictly for: 1) full-year students during their second semester in Granada, 2) students who have previously had a semester-long study abroad experience in a Spanish-speaking country. Only students in these specific circumstances may choose to secure their own housing in local apartments with other university students (contingent on prior approval from their home schools).

The qualified CASA Granada students who choose independent housing are responsible for locating an apartment, signing a lease, finding/screening roommates, paying rent and all utilities, and living truly independently (grocery shopping, cooking, cleaning, etc.). It is recommended that only the eligible students who have lived on their own previously consider this option. Independent students should aim to live with Spanish and international students from non-English speaking countries to ensure an environment conducive to practicing and advancing their Spanish language skills.

Safety

Spain is generally as safe as the U.S., and in some cases safer. As is true of any city, however, there are problems with petty thievery in Granada. You can avoid many problems by being cautious and remembering the important points listed below about staying safe. While crime, most certainly violent crime, is less prevalent in Granada than in similar-sized cities in the U.S., foreigners are

always a favorite target of criminals, so please be mindful of your surroundings and belongings at all times.

If an emergency situation related to your health or safety occurs during the program, it is important to contact a CASA staff member immediately. This includes the unlikely event of a natural disaster (earthquake) or large-scale emergency (terrorist attack, large building fire) in Granada or elsewhere in Spain. If you imagine people may be worried about you, they probably are.

Soon after you arrive, your program will give you instructions for how to contact program staff in case of an emergency. CASA Granada staff are on-call 24 hours/day for health and safety emergencies during the program. Since you will be on your own if you travel before or after the official program dates (currently unadvised), please make plans and discuss emergency procedures with your family for use at these times.

Safety Tips

- Travelers using public transportation should be alert to the potential for pick-pockets. Beware if you are jostled, or if there is a sudden commotion, as incidents can be staged to distract you while your possessions are stolen.
- Pick-pockets are often well-dressed, discrete and are experts at what they do. They often attempt to distract their victims by feigning a fall, asking for directions on the street, or otherwise diverting attention.
- Thefts in airports have become very common. Do not lose sight of your belongings at any time.
- Do not carry large amounts of money or important documents with you. If you need to carry a lot of money, divide it into smaller sums that you can carry in various places.
- Do not openly count or show your money. When waiting to pay for something, keep your money out of sight.
- **Be extremely cautious using ATMs and don't allow yourself to be distracted.**
- Do not put your wallet in your back pocket. Your front pocket is safer.
- Leave your passport in a safe place in your room unless you need it to cash travelers' checks or for travel. Carry a photocopy with you for other identification purposes.
- Carry backpacks in front rather than on your back in crowded buses, markets, etc.; and, always keep a firm grip on your purse or bag. **Do not leave your backpack or pocketbook hanging over the back of your chair or on the chair next to you in a café.** Have the strap wrapped around your chair leg or otherwise secured.
- Be careful with laptops, iPods, cell phones, cameras, etc. Though you may see others using laptops in parks or plazas (where there may be wifi), it is not necessarily wise to do so. It is also not advisable to keep all of your bank cards, etc. in the sleeve/pocket of your cell phone in case of loss or theft.
- Keep a record of all of your credit card information and travelers' checks numbers in your room. Make note of which checks you have cashed as you use them.
- Be careful with expensive jewelry. If you wear it, conceal it when traveling.
- If you choose to drink alcohol, drink in moderation and keep your wits about you. NEVER accept a drink from a stranger and always pay attention at the bar. Drugs slipped into drinks has recently become a more common occurrence in the big cities.
- Never accept a ride (nor to be accompanied) home from a stranger you've met at a bar.
- **It is not safe to walk alone at night, and this is true especially after leaving a club or bar. Always take a taxi right to your door.**

- If you are sexually active, use good judgment, take care of yourself and practice safe sex. Obviously, sexual relationships entail the risk of pregnancy and/or sexually transmitted diseases such as AIDS.
- Do not use any illegal drugs while in Spain. Marijuana, hashish, heroin and cocaine are illegal. Penalties for possession, use, or trafficking of illegal drugs in Spain are strict, and convicted offenders can expect jail sentences and fines.
- If you find yourself in an uncomfortable or dangerous situation, head to a populated public place and ask for the assistance of a police officer. Avoid being alone at night in unfamiliar territory – in the streets, a park or on a train. If you find yourself alone on a train car, move to another one where other people are sitting.

What to Avoid

The only area of any concern is way up in the northwestern extreme of the city, a neighborhood called “el Polígono de Almanjáyar.” There is no reason for students to go there.

It is not wise to walk alone in any city late at night and this holds true for Granada. Be particularly cautious around the c/ Elvira area of bars and clubs. You should always walk in small groups (or take a bus or taxi) and exercise caution at night. Always take a taxi if it is very late and be sure you can explain to the taxi driver where you are going (use big avenues and landmarks to guide him/her).

The rest of Granada is generally safe and you can walk most places even well into the evening. The general rule is that it is safer when and where there are people around. Remember too that you are foreign which makes you more of a target. Unfortunately, many tourists are robbed in the Albaicín neighborhood, even in broad daylight, so it is better not to have anything of value on you when you go there.

Emergency Communication Protocols

A CASA Granada staff member is on-call for emergencies 24 hours/day throughout each semester. Every student will receive an emergency contact card during orientation with the important contact phone numbers both on-site and at their home institutions. In the event of a personal health or safety emergency, a student should call for an ambulance first at 112 (when necessary) and then call the CASA staff.

In the event of a large-scale emergency (earth quake, terrorist attack, etc.), students should maintain all lines of communication open in order to receive instructions from the program directors and follow them carefully. It is mandatory that each student have a functioning cell phone while in Granada and that the number is registered with the CASA staff. Students must update their contact phone numbers in the event of a lost or stolen phone.

Students should also register with the US Embassy in Madrid via the Smart Traveler Program: <https://es.usembassy.gov/u-s-citizen-services/smart-traveler-enrollment-program/>

Remember:

1. Let us know immediately if your cell phone number changes so that we can add your new number to the WhatsApp group and contact you in the event of an emergency.
2. Follow this simple communication protocol:

- In the event of a personal health or safety emergency: CALL the ambulance/police & CALL us.
- In the event of a non-emergency question/consultation: STOP BY the office or CALL us during office hours or EMAIL us and we will get back to you.
- We will not be checking WhatsApp on a regular basis and can easily miss a message from you.
- WhatsApp will be used to communicate important/interesting information to the entire group.
- In the event of a large-scale emergency situation, KEEP all lines of communication OPEN and STAND BY for instructions from us.

Health Insurance & Medical Assistance

You are required to have health insurance overseas; do not cancel your U.S. based coverage.

All students in CASA Barcelona, CASA Granada and CASA Sevilla Programs will be covered by Spanish private health insurance through Sanitas. All CASA students are also enrolled in an accident/sickness plan through ISOS during their program dates at no additional cost.

In case you need medical assistance, you should contact:

Sanitas

For medical, health-related and mental health appointments when you are in Spain.

For emergency medical assistance when you are in Spain.

International SOS

For medical, health-related and mental health appointments when you are traveling outside of Spain.

For emergency medical assistance when you are traveling outside of Spain.

For ALL safety and security issues both in and out of Spain.

CASA Granada Emergency Phone

In the event of any emergency. A CASA Granada staff member is on-call 24 hours/day throughout the semester.

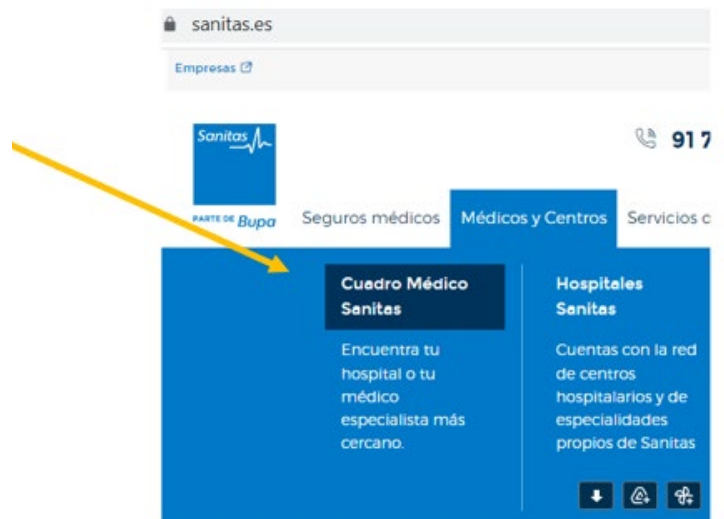
Steps to follow to schedule a medical appointment online (you can also use the App):

In case you need a medical appointment (in Spain), you should follow these steps:

Step 1:

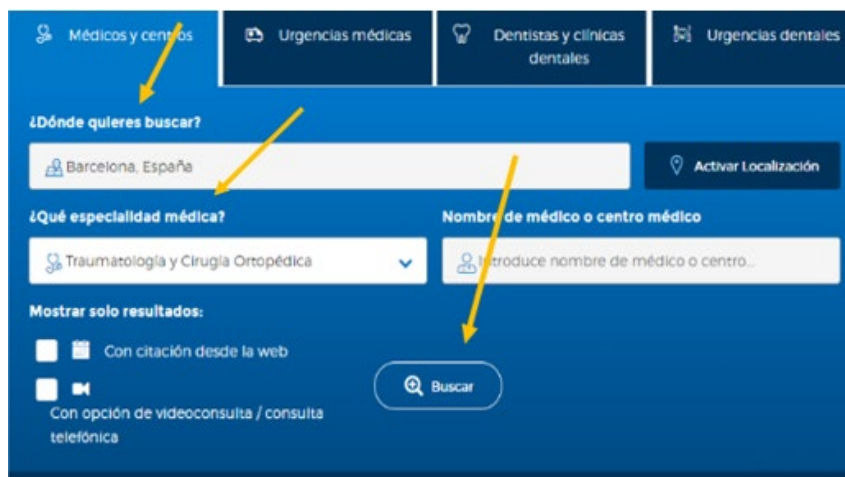
Go to the website:

Select: Cuadro Médico



Step 2:

Search the town and Medical Speciality and press "search" button



Step 3:

If you are not registered: Select: "see results without identifying myself"

If you are registered: enter username and password

(Available doctors can be seen whether we are registered or not)

Accede a tu cuadro médico



Accede a tu cuadro médico

Identificate en Mi Sanitas para que los resultados de búsqueda se ajusten al cuadro médico del seguro que tienes contratado.

Acceder a Mi Sanitas

Ver resultados sin identificarme

Step 4:

On the left, you will find some filters. Select "language", to choose the one with which we want them to speak to us and press "search". (They might not have a good level of English).

Idiomas

<input type="checkbox"/>	Alemán	6
<input type="checkbox"/>	Castellano	52
<input type="checkbox"/>	Catalán	33
<input type="checkbox"/>	Francés	16
<input checked="" type="checkbox"/>	Inglés	53
<input type="checkbox"/>	Italiano	11
<input type="checkbox"/>	Polaco	1
<input type="checkbox"/>	Árabe	1

Step 5:

A list with the doctors will appear. If you are registered, you will be able to make an appointment without calling in cases where the "make an appointment" option appears, if not, you should make a call.

Travel during the Fall 24 Semester

Program-sponsored travel

Students will be invited to participate in regional day trips and two overnight trips, public health guidelines permitting. A list of program excursion dates and destinations will be provided to students prior to the start of the program. All dates and destinations are subject to change based on public health guidance during the final planning stages for each excursion or even mid-excursion.

Independent student travel

Students must submit their travel plans to the CASA Granada staff prior to departing Granada. A weekly reminder will be sent out with the corresponding form. Students can complete the form online via our internal website. Daytrips outside of Granada should also be registered with the CASA office in case an emergency arises.

Once the semester is underway, you are expected to attend ALL classes. **Your travel plans should never cause you to miss classes.**

All hotels in Spain require guests to present a valid passport at check-in; it's important you always travel with your original document.

If you plan to travel before or after your study abroad program, you should consider purchasing a supplemental leisure coverage plan. Contact your home university for supplemental insurance options.

Transportation

Bus

Granada's urban bus network covers the whole of the city. For route maps, information on bus passes and prices, consult: <https://www.transportesrober.com/>

For information on buses that travel to other cities in Spain visit:

<https://www.alsa.com/en/web/bus/home>

Taxi

Taxis are a safe and affordable way to get around on a cold, rainy day or late at night. You can hail a taxi on the street, get a taxi at one of the numerous taxi stands located throughout the city, or call the company at **+34 958-280-654**. (You should add this number to your contacts upon arrival in Granada so that you always have it handy.)

Train

Although traveling by train is generally a very pleasant way to take in the scenery as you cross the country, there are not many trains to and from Granada. Information on trains in Spain can be found at: <https://www.renfe.com/es/es> .

Plane

Air travel has become more popular among students as the competition among low-cost airlines often creates opportunities to fly very economically to other Spanish cities. Check: <http://www.rumbo.es/>, <https://www.kayak.es/flights>, <https://www.skyscanner.es/>

More information: <http://www.granadadirect.com/transporte-granada/>

Opening Hours

Normal Shopping Hours (many shops still close for siesta and then re-open in the afternoon):

Monday through Friday 10:00am-1:30pm & 5:00pm-8:30pm / Saturdays 10:00am-2:00pm

Big Supermarkets & Department Stores (El Corte Inglés, Mercadona, Carrefour, Alcampo, Hipercor)

Monday through Saturday – 9/10am to 9/10pm; Opencor Supermercado- 24 hours.

Post Office

Monday through Friday 8:30am-8:30pm

Banks

Monday through Friday 8:30am-2:00pm

Pharmacies

Monday through Friday 9:30am-1:30pm and 5:00pm-8:30pm / Saturday 9:30am-1:30pm

There are also several 24-hour pharmacies in Granada:

Gran Capitán, 9 tel.+34 958-202-733

Recogidas, 48 tel. +34 958-251-290

Puerta Real, 2 tel. +34 958-263-113

Periodista José Ma. Carulla, 8 (cerca de Bellas Artes) +34 958-154-949

Avda. Dilar, 16 (Zaidín) +34 958-811-806

Note: You must go to a pharmacy for all medications, including aspirin, since they are not sold in drug stores or grocery stores. Pharmacists in Spain are trained to do over-the-counter diagnoses for minor ailments so the pharmacy is a good first stop if you are not feeling well.

Services and Tips

In restaurants, all services must be included in the cost of the set menu. Only in cases where “IVA no incluido” is indicated may VAT be charged as extra. Tipping is not obligatory, but is frequent when clients are satisfied with the service provided. Tips are a small gesture of appreciation and are not based on a percentage of the total bill.

Eating Habits

Although in Spain a quick breakfast is often had before leaving for work or class, it is also common for people to take a break around 11:00am and have a second breakfast at a café. Lunch is normally eaten between 2:00-3:30pm, depending on one’s schedule and is the main meal of the day. Between 5:00-7:00pm, it’s common to have coffee or tea as an afternoon snack known as “merienda.” Finally, a light meal for dinner is had between 8:30-10:30pm. Students often enjoy dinner with friends at a local tapas restaurant or café. Granada is one of the few Spanish cities where they serve you a free tapa when you order a beverage.

For mealtime schedules and more information on the meal plan offered by the Carlos V Residence Hall, please contact the CASA Program Coordinator or the residence staff.

Electricity

Compared to the U.S., where the standard electric current is 110 volts/60 cycles, the most widespread electric current is 220 volts and 50 cycles. Electrical items brought from home will need to be adapted for European current and electrical outlets by use of both a transformer and a converter plug, which allows you to plug an American item into a European wall socket. You'll find that most electrical appliances (hair dryers, shavers, etc.) can be purchased in Granada for reasonable cost at any appliance store ("electrodomésticos"). Remember that laptops left plugged in consume considerable energy.

Postal Services

Stamps may be bought at tobacconists (look for the Tabaco sign) or post offices. Packages must be sent from the post office. Letter drops are found throughout the city, and they can't be missed with their bright yellow (ordinary post) and red (urgent) coloring. The main post office in Granada is easily located in the Puerta Real, the very center of the city.

We do not recommend that packages be sent from home to students in Spain due to lengthy Customs processes and potentially HIGH taxes and fees.

Phones

For safety and convenience, the program highly recommends that students have a cell phone in Granada. Students are increasingly bringing their smart phones from home having researched connectivity options with their home service providers. Cell phones ("móviles") are also widely available in Spain and there are some very affordable options that you can look into upon your arrival. The program staff can offer advice during your first days in Granada.

Making a phone call

To make an international call, you must first dial 00, followed by the country code (1 for the U.S.) and finally the regional/area code and number you are calling.

To receive a call

Callers telephoning you from the U.S. must first dial 011 then 34 (Spain), and then your nine-digit number.

Laptops

It is recommended that students bring a laptop with them to Granada. You will want to make sure that your laptop or power cord has an internal transformer. Before bringing it with you, check with your manufacturer and take the proper measures to protect this valuable piece of equipment. Low quality power transformers can damage your laptop. Also, consider investing in a laptop lock, a device designed to be secured around a stationary piece of furniture then secured to your laptop to prevent theft, if you plan to opt for independent housing in an apartment.

Internet

Internet via WiFi networks is available at the Carlos V Residence Hall, all UGR/CLM buildings/campuses, the CASA Granada Office and in many cafés throughout the city.

If you have access to **Eduroam** at your home institution, you should install the program on your phone and laptop/tablet so that they connect automatically on the UGR/CLM premises.

Helpful Links

University of Granada	http://www.ugr.es/
UGR English website	http://www.ugr.university/
Center for Modern Languages	http://www.clm-granada.com
Technological Health Sciences Park	https://ptsgranada.com/
Granada Information	https://www.spain.info/en/destination/granada/ http://granadainfo.com http://www.andalucia.com/cities/granada.htm
Andalusia Information	https://www.andalucia.org/en/home
Spain Information	http://www.spain.info/
Local newspaper	http://www.ideal.es/granada/ https://www.granadahoy.com/
National newspaper	http://elpais.com/ https://www.elmundo.es/

Culture Shock

Four Common Stages of Cultural Adjustment

STAGE 1: “The Honeymoon”—Initial Euphoria/Excitement

- Excitement with new sounds, sights, smells.
- Superficial involvement in the host culture (like a tourist).
- Intrigue with both similarities and differences between the new culture and your home culture.
- Lots of interest in learning, very motivated and cooperative.
- You feel as if you will be able to handle anything—“I am not going to have any problems adjusting!”

STAGE 2: “Culture Shock”—Irritation/Hostility

- The novelty of the new culture has worn off, and you now focus primarily on the differences between the new culture and your home culture.
- Small differences feel like major catastrophes. You become overly concerned with and stressed out by problems and feel helpless and frustrated (the elevator in your building is constantly broken; you do not have hot water in the morning; you cannot access e-mail from your apartment/homestay, registering for classes feels like an unstructured nightmare, etc.).
- Stereotypes and prejudices surface: you feel as if the host nationals are cold, unhelpful, snobbish.
- You search out American or English-speaking friends.
- You are homesick. You miss your friends and family at home—and to make matters worse, you hear that the weather there is glorious.

STAGE 3: Gradual Adjustment, Humor, and Perspective

- You are becoming more familiar with the new culture and its “logic” and values. Cultural cues become easier to read.
- You feel more comfortable and less isolated, and you even begin to prefer some

aspects of the new culture to your home culture.

- You feel like “As long as I am here, I should make the most of it.”
- You experience periodic personal highs and lows, as adjustment gradually takes place.
- Your sense of humor returns. You are able to laugh at certain ways of doing things that previously just annoyed you and even to laugh at yourself from time to time.
- Since you are past the initial, emotional stages of cultural adjustment, you can now enter a stage of “deeper learning.” You begin to see a multitude of approaches to your life abroad and to question some of your assumptions about the world. This can be both exciting and unnerving.

STAGE 4: “Feeling at Home” —Adaptation and Biculturalism

- The “new” culture is no longer new; instead, the “foreign” country you live in now feels like another home.
- The aspects of the culture that are different from the U.S./your home culture no longer affect you in a negative way. You are able to live and work to your full potential.
- Just like you do at home (and) in the U.S., you appreciate certain aspects of the foreign culture and are critical of others.

Strategies for Coping with Cultural Stress

1. Personal Supports: Ways of Thinking and Feeling

- Understand the stages of cultural adjustment.
- Analyze your situations and reactions; be flexible; tolerate ambiguity; expect things to be different.
- Be patient; don’t try to understand everything immediately; identify what helps you manage stress.
- Identify ways of thinking positively; foster your sense of humor; don’t take things too seriously; give yourself permission to fail.
- Investigate facts.

2. Social Supports

- Identify your sources of support (program staff, other participants, friends and family at home, academic advisers, etc.) and *the types of support that each can best offer*.
- Plan in advance how you will keep in contact with family and friends in the U.S. while you strive to make friendships and personal connections in the host country.
- Don’t isolate yourself! Seek out friends and groups that share your interests and can facilitate your participation in social circles.

3. Physical Supports

- Eat in a healthy way and get plenty of rest.
- Identify any problems (e.g. excessive consumption of alcohol, binge eating) and make plans to manage them. Speak to the program staff regularly about the problems you face; they will help you find good resources.
- Find safe and fun ways to exercise on a regular basis.
- Bring a sufficient supply of necessary medications from the U.S.

Text adapted from a Princeton University document.

For more tips on managing culture shock see: <https://www.usnewsglobaleducation.com/all-advice/8-tips-to-overcome-culture-shock/>

ACADEMICS



Academic Overview

The CASA Granada Center offers academic programs for students at all levels of Spanish language proficiency: beginner to bilingual. A student is enrolled in the appropriate program based on his/her exact level of Spanish:

*** Intensive Spanish Language:** Students with beginner to low-intermediate levels of Spanish (including none at all) will be enrolled in a semester of intensive Spanish classes that will dramatically advance their language learning. Students at the intermediate levels of Spanish may also enroll in this program with the approval of their home institutions.

*** Spanish Language and Culture:** Students with intermediate to advanced levels of Spanish language proficiency (Levels B1.2 and B2.1) will take a full load of courses at the University of Granada's Center for Modern Languages. The semester course load includes conversation and composition classes, grammar classes, and content classes in a wide array of subject areas.

*** Hispanic Studies:** Students with advanced levels of Spanish language proficiency (B2.1 in the fall; B2.2 in the spring) can take a full load of courses at the University of Granada's Center for Modern Languages. The semester course load includes conversation and composition classes, grammar classes, and content classes in a wide array of subject areas. Student in this program may opt to take courses at one of the schools of the University and/or a CASA course (contingent on minimal enrollments).

*** University Studies:** Students with high-advanced levels of Spanish language proficiency (B2.2 or above) are directly enrolled in courses offered at the various schools of the University of Granada. Students in this program may also take 1-2 CASA courses (contingent on minimal enrollments).

*** Translation and Interpreting:** Students with exceptional Spanish language skills (C1 or above) may directly enroll in a semester program of study at the University of Granada's prestigious School of Translation and Interpreting. This program prepares students for careers that require significant expertise in a second language. Students in this program may also take 1-2 CASA courses (contingent on minimal enrollments).

IMPORTANT: *It is highly recommended that students have a back-up program approved by their home institutions in the event that they do not place into their anticipated program of study upon arrival in Granada. Students must be very clear on which (if not all) of the Granada programs are approved for credit by their home institutions.*

Academic Contract

The terms of the CASA Granada Academic Contract (below) are reviewed with all students during the on-site orientation program. Once any questions have been answered by the program directors, students will sign the contract, agreeing to its terms, and be given a copy for your records.

All students on the CASA Granada Program are subject to the institutional regulations of CASA, the University of Granada, the Center for Modern Languages and their home institutions, which include but are not limited to the following:

- **Attendance & Participation**
Perhaps very different from students' home institutions, **class attendance in Granada is mandatory** and students are expected to attend all class meetings and outings, to take part in discussions, to keep up with coursework and hand in all class assignments on-time, and to **take all exams as scheduled** (by individual arrangement for UGR students in the fall semester only). The attendance policy of my program has been clearly explained to me.
- **Late Work**
All essays, reports and other required written work must be submitted prior to leaving Granada. **Late work cannot be accepted** in any course (unless expressly authorized by a CASA Director in writing). Incomplete work will be reported as a fail.
- **Complete Program**
All students are required to complete their respective courses and remain in Granada until the official conclusion of their programs. Credit will not be awarded to students who do not finish their programs (except in excused cases of medical emergencies where arrangements have been made and approved in writing by the student's professors and CASA Director).
- **Copies of Your Work**
Students should keep course syllabi, reading lists and copies of written work for credit approval purposes at their home universities. It is the student's responsibility to save their work; CASA staff cannot duplicate or retrieve this material for students.
- **Grade Reporting**
The final grades for ALL classes will be sent to the student's home university. Classes failed and/or dropped after the established deadline will also appear on a student's official record. Every student's official UGR/CLM transcript will be sent to their home school along with the student's official CASA Grade Report.
- **Credits**
Credits are awarded based on the number of classes passed with a minimum passing grade (as determined by the home institution) or better. Credit will not be granted for any grade below a 5.0 at any institution. **Students are responsible for knowing the minimum grade required by their home school in order to receive credit.**
- **Bills**
Students are responsible for settling all personal accounts, library fines, phone bills, payments for loss or damage, etc., before departure from Granada to avoid a delay in the processing of grades. Students are personally responsible for returning all library books to the library from which you borrowed them.

Intensive Spanish Language Program

Fall 2024 Academic Calendar

8/26/24	Arrival in Granada
8/26/24-9/15/24	Mandatory orientation meetings and activities
9/03/24	First day of Intensive Spanish Language classes
12/18/24	Last day of Intensive Spanish Language classes
12/20/24	Departure from Granada

Program Structure

This program is appropriate for 1) students who have had no prior Spanish language instruction and 2) students who are at a beginner or intermediate level of Spanish language acquisition. The program is exclusively language focused. Students are generally not permitted to enroll in content courses outside of the Intensive Program in Spanish Language (CILE).

The CILE program consists of 20 hours of instruction per week over the course of the semester. Classes are small (maximum of 12-15 students) and are taught by highly qualified Spanish language instructors. CILE classes are 4 hours per day, five days a week. Generally, students spend two hours with one professor followed by two hours with another professor, with a short break in between.

Prior to arrival, students take an online language placement test administered by the Center for Modern Languages and are placed in the appropriate level of instruction. A student can expect to progress through approximately three language levels (maximum of four in some cases) over the course of the semester. A student's class schedule may vary each month according to the time their level is offered.

CLM Levels

- 1 Beginner
- 2 Elementary
- 3 Lower Intermediate
- 4 Intermediate
- 5 Upper Intermediate
- 6 Advanced
- 7 Upper Advanced
- 8 Superior
- 9 Proficiency

Common European Framework

- A1
- A2
- A2+
- B1.1
- B1.2
- B2.1
- B2.2
- C1
- C2

Descriptions of the intensive course levels can be found .

Student performance is carefully monitored throughout the semester-length program.

Course Load and Grading Requirements

It is the student's responsibility to know how many home school credits will be awarded for their studies in Granada and what the minimum passing grade is for credit.

Class attendance is mandatory and students should only miss class in the event of an excused absence (documented illness, family emergency, etc.). A student who misses more than 20% of the class for unjustified reasons will not be permitted to sit the exam and will fail the class. Class participation, assignments and exam grades are all taken into serious consideration when determining a final grade for the class. Classes may not be taken Pass/Fail. Please review your home university's Academic Policies for study abroad as well.

Unofficial Grade Conversion Scale (as proposed by Brown University)

9.0-10	A
8.0-8.99	B+
7.5-7.99	B
7.0-7.49	B-
6.5-6.99	C+
6.0-6.49	C (minimum passing grade required)
5.0-5.99	C-
4.5-4.99	D
0-4.49	F

Location

The University of Granada's Center for Modern Languages is situated in the city center, in the authentic neighborhood of "El Realejo" (the old Jewish Quarter) and only a short walk from the Alhambra. The CLM is housed in two locations, about a seven-minute walk apart. The main building is found in the old Palace of Santa Cruz (16th C.), the restoration of which was completed in 1992 for educational purposes. The second building is the old Hotel Kenia, originally a private residence, adapted for teaching purposes in 2005. The newly renovated UGR School of Architecture is located right between the two CLM buildings, in the lively Campo de Príncipe plaza.

PALACIO DE SANTA CRUZ BUILDING (Main building)

Placeta del Hospicio Viejo s/n

Telephone: +34 958-215-660

HUERTA DE LOS ÁNGELES BUILDING

Calle Molinos nº65

Telephone: +34 958-229-729

Spanish Language and Culture Program

Fall 2024 ACADEMIC CALENDAR

8/26/24	Arrival in Granada
8/26/24-9/15/24	Mandatory orientation meetings and activities
9/03/24	First day of Intensive Spanish Language classes
10/01/2024	First day of Spanish Language and Culture classes
12/19/24	Last day of final exams
12/20/24	Departure from Granada

Program Structure

This program is appropriate for students at intermediate levels of Spanish. Classes are taught entirely in Spanish at the University of Granada's Modern Language Center by highly qualified Spanish language teachers and UGR faculty members.

Prior to arrival, students take an online language placement test administered by the Center for Modern Languages and are placed in the appropriate level of instruction. During orientation, students will take an introductory language and history class to prepare them for their subsequent course load of five Spanish Language and Culture classes.

CLCE: Curso de Lengua y Cultura Española

To enter into the Spanish Language and Culture classes, **students must have surpassed level B1.1 (CLM 4 - Intermediate)**. Students are required to take *Speaking and Writing Skills* and *Spanish Grammar* as part of their CLCE course load. Three additional courses will be chosen from the following topic areas: Language, Literature, Geography, History, History of Art, Sociology, Politics, Economics, Culture and Modern Languages (Arabic, French, German, etc.). Please note that the internship classes offered by the CLM are not approved for credit.

Students are responsible for obtaining approval from their home institutions for their CLCE classes to count toward general credit and/or concentration credit. CASA does not approve the internship classes offered by the CLM for credit. Students should have several classes pre-approved for credit including a few back-ups in light of possible schedule conflicts and space limitations.

Important: In the event that a student does not place into this program, he/she may continue to study intensive language for the duration of the semester, contingent on the express approval of his/her home institution. Students are not permitted to take CLCE classes taught in English.

Course Load and Grading Requirements

It is the student's responsibility to know how many home school credits will be awarded for their studies in Granada and what the minimum passing grade is for credit.

Class attendance is mandatory and students should only miss class in the event of an excused absence (documented illness, family emergency, etc.). A student who misses more than 20% of the class for unjustified reasons will not be permitted to sit the exam and will fail the class. Class participation, assignments and exam grades are all taken into serious consideration when

determining a final grade for the class. Classes may not be taken Pass/Fail. Please review your home university's Academic Policies for study abroad as well.

Unofficial Grade Conversion Scale (as proposed by Brown University)

9.0-10	A
8.0-8.99	B+
7.5-7.99	B
7.0-7.49	B-
6.5-6.99	C+
6.0-6.49	C (minimum passing grade required)
5.0-5.99	C-
4.5-4.99	D
0-4.49	F

Location

The University of Granada's Center for Modern Languages is situated in the city center, in the authentic neighborhood of "El Realejo" (the old Jewish Quarter) and only a short walk from the Alhambra. The CLM is housed in two locations, about a seven-minute walk apart. The main building is found in the old Palace of Santa Cruz (16th C.), the restoration of which was completed in 1992 for educational purposes. The second building is the old Hotel Kenia, originally a private residence, adapted for teaching purposes in 2005. The newly renovated UGR School of Architecture is located right between the two CLM buildings, in the lively Campo de Príncipe plaza.

PALACIO DE SANTA CRUZ BUILDING (Main building)

Placeta del Hospicio Viejo s/n

Telephone: +34 958-215-660

HUERTA DE LOS ÁNGELES BUILDING

Calle Molinos nº65

Telephone: +34 958-229-729

Hispanic Studies Program

Fall 2024 ACADEMIC CALENDAR

8/26/24	Arrival in Granada
8/26/24-9/15/24	Mandatory orientation meetings and activities
9/03/24	First day of Intensive Spanish Language classes
10/01/2024	First day of Hispanic Studies classes
12/19/24	Last day of final exams
12/20/24	Departure from Granada.

Program Structure

This program is appropriate for students at advanced levels of Spanish. Classes are taught entirely in Spanish at the University of Granada's Modern Language Center by UGR faculty members.

Prior to arrival, students take an online language placement test administered by the Center for Modern Languages and are placed in the appropriate level of instruction. During orientation, students will take an introductory language and history class to prepare them for their subsequent course load of five Hispanic Studies classes.

CEH: Curso de Estudios Hispánicos

To enter into the Hispanic Studies classes, **students must have surpassed level B2.1 (CLM 6 Advanced)**. Students are required to take one of three Spanish language classes: 1) *Oral Production & Interaction Skills in Spanish*, 2) *Writing Texts in Spanish*, or 3) *Spanish Grammar* as part of their course load. Four additional courses will be chosen from the following topic areas: Language, Literature, Geography, History, History of Art, Sociology, Politics, Economics, Culture and Modern Languages (Arabic, French, German, etc.). Please note that the internship classes offered by the CLM are not approved for credit.

Students enrolled in the Hispanic Studies program also have the option to take 1-2 courses at the Schools of the University of Granada and/or to take 1-2 courses offered by CASA Granada.

Students are responsible for obtaining approval from their home institutions for their CEH classes to count toward general credit and/or concentration credit. Some home schools will not approve the internship classes offered by the CLM for credit. Students should have several classes pre-approved for credit including a few back-ups in light of possible schedule conflicts and space limitations.

Important: In the event that a student does not place into this program, he/she may continue to study intensive language for the duration of the semester or enroll in the Spanish Language and Culture Program (if qualified), contingent on the express approval of his/her home institution. Students may not take classes taught in English.

Course Load and Grading Requirements

It is the student's responsibility to know how many home school credits will be awarded for their studies in Granada and what the minimum passing grade is for credit.

Class attendance is mandatory and students should only miss class in the event of an excused absence (documented illness, family emergency, etc.). A student who misses more than 20% of the class for unjustified reasons will not be permitted to sit the exam and will fail the class. Class participation, assignments and exam grades are all taken into serious consideration when determining a final grade for the class. Classes may not be taken Pass/Fail. Please review your home university's Academic Policies for study abroad as well.

Students must successfully pass each class with a minimum grade as determined by their host institution.

Unofficial Grade Conversion Scale (as proposed by Brown University)

9.0-10	A
8.0-8.99	B+
7.5-7.99	B
7.0-7.49	B-
6.5-6.99	C+
6.0-6.49	C (minimum passing grade required)
5.0-5.99	C-
4.5-4.99	D
0-4.49	F

Location

The University of Granada's Center for Modern Languages is situated in the city center, in the authentic neighborhood of "El Realejo" (the old Jewish Quarter) and only a short walk from the Alhambra. The CLM is housed in two locations, about a seven-minute walk apart. The main building is found in the old Palace of Santa Cruz (16th C.), the restoration of which was completed in 1992 for educational purposes. The second building is the old Hotel Kenia, originally a private residence, adapted for teaching purposes in 2005.

The newly renovated UGR School of Architecture is located right between the two CLM buildings, in the lively Campo de Príncipe plaza.

PALACIO DE SANTA CRUZ BUILDING (Main building)

Placeta del Hospicio Viejo s/n

Telephone: +34 958-215-660

HUERTA DE LOS ÁNGELES BUILDING

Calle Molinos nº65

Telephone: +34 958-229-729



University Studies Program

Fall 2024 ACADEMIC CALENDAR

8/26/24	Arrival in Granada
8/26/24-9/15/24	Mandatory orientation meetings and activities
9/03/24	First day of Intensive Spanish Language classes
9/11/2024	First day of UGR classes (To be confirmed.)
12/20/24	Last day of UGR classes (Arrangements must be made with individual UGR professors to take final exams early or have them proctored at your home school in January.)
12/20/24	Departure from Granada.

Program Structure

The University Studies Program in Granada offers a direct enrolment option for students with high-advanced (B2) to superior (C) levels of Spanish language proficiency.

Students typically enroll in 1-2 CASA-sponsored course(s) and in four to five courses at their selected school(s) of the University of Granada for a total course load of 30-36 European Credit Transfer System (ECTS) credits. CASA students may take classes at **two** of the following Schools of the University of Granada:

Faculty of Philosophy and Letters

http://filosofiayletras.ugr.es/pages/docencia/horarios/grados_horarios

Faculty of Sciences

<https://ciencias.ugr.es/estudios/titulos-de-grado>

Faculty of Economics and Business

<http://fccee.ugr.es/pages/docencia>

Faculty of Political Science and Sociology

<https://polisocio.ugr.es/>

Faculty of Education Sciences

<http://educacion.ugr.es/pages/grados>

Faculty of Health Science

<https://cienciasdelasalud.ugr.es/docencia/grados>

School of Architecture

<https://grados.ugr.es/arquitectura/pages/infoacademica/horarios>

Note: Courses may be limited in space availability and/or may require prerequisites; therefore, students should come up with a preliminary list of eight to ten courses per semester that can then be narrowed down to a final course load of 30-36 ECTS credits.

Course Load & Grading Requirements

A normal full course load for CASA students in the University Studies direct enrollment program will vary by CASA member institution and will generally constitute 30-32 ECTS credits. **It is the student's responsibility to know how many home school credits will be awarded for their studies in Granada and what the minimum passing grade is for credit.**

Attendance, class participation and assignments and exam grades are all taken into serious consideration when determining final grades. Students should only miss class in the event of an excused absence (documented illness, family emergency, etc.). Classes may not be taken Pass/Fail. Please review the Academic Policies for Study Abroad at your home university for more information specific to your school.

Unofficial Grade Conversion Scale (as proposed by Brown University)

9.0-10	A
8.0-8.99	B+
7.5-7.99	B
7.0-7.49	B-
6.5-6.99	C+
6.0-6.49	C (minimum passing grade required)
5.0-5.99	C-
4.5-4.99	D
0-4.49	F

Location

In Granada there are four University Campuses, as well as the "Campus Centro," in which all the schools spread throughout the historic part of the city are brought together. The 's policy of using buildings of historical and cultural value has enriched its heritage, as well as promoting the restoration and maintenance of these buildings. In addition to this emphasis on more traditional facilities, the state-of-the-art Technological Health Sciences Park campus, demonstrates the UGR's strong commitment to innovation by promoting interaction with technological bio-health companies and favoring high-quality healthcare and biomedical research. There are two other Campuses in the cities of Ceuta and Melilla, in Northern Africa.



Translation & Interpreting Program

Fall 2024 ACADEMIC CALENDAR

8/26/24	Arrival in Granada
8/26/24-9/15/24	Mandatory orientation meetings and activities
9/03/24	First day of Intensive Spanish Language classes
9/11/2024	First day of UGR classes (To be confirmed.)
12/20/24	Last day of UGR classes (Arrangements must be made with individual UGR professors to take final exams early or have them proctored at your home school in January.)
12/20/24	Departure from Granada.

Program Structure

Students with exceptional Spanish language skills (C1+) have the opportunity to directly enroll in a special semester program of study at the University of Granada's Faculty of Translation and Interpreting, commonly referred to as "Traductores." Traductores offers the largest array of linguistic offerings of any university in Spain and is renowned for its rigor in preparing students to translate and interpret at a professional level. Serious students of language will have an opportunity to immerse themselves in specialized courses that will significantly improve their language communication skills and give them a competitive advantage for career positions that require highly-honed second language proficiency.

Students typically enroll in one CASA-sponsored course and in four to five courses at Traductores, for a total course load of 30-32 European Credit Transfer System (ECTS) credits. Examples of courses include:

- Spanish Language (for High Advanced/Native Speakers)
- Theory and Practice in Translation (Traductología)
- Spanish-English-Spanish Translation
- Spanish-English-Spanish Interpreting
- Specialized English-Spanish Translation
- Careers in Translation and Interpreting
- Interpreting in the Public Sector
- Interpreting in Commerce and Tourism
- Translation in Science and Technology
- Computer Technology Tools for Translation and Interpreting

A complete list of courses and class schedules can be found here:

<http://grados.ugr.es/traduccion/pages/infoacademica/estudios>

Note: Courses may be limited in space availability and/or may require prerequisites; therefore, students should come up with a preliminary list of eight to ten courses per semester that can then be narrowed down to a final course load of 24 ECTS credits -- generally four courses (in addition to the mandatory CASA course).

Course Load & Grading Requirements

A normal full course load for CASA students in the Translation Studies direct enrollment program will vary by CASA member institution and will generally constitute 30-32 ECTS credits. **It is the student's responsibility to know how many home school credits will be awarded for their studies in Granada and what the minimum passing grade is for credit.**

Attendance, class participation and assignments and exam grades are all taken into serious consideration when determining final grades. Students should only miss class in the event of an excused absence (documented illness, family emergency, etc.). Classes may not be taken Pass/Fail. Please review the Academic Policies for Study Abroad at your home university for more information specific to your school.

Unofficial Grade Conversion Scale (as proposed by Brown University)

9.0-10	A
8.0-8.99	B+
7.5-7.99	B
7.0-7.49	B-
6.5-6.99	C+
6.0-6.49	C (minimum passing grade required)
5.0-5.99	C-
4.5-4.99	D
0-4.49	F

Location

The Faculty of Translation and Interpreting is situated in the city center and is housed in two locations about a five-minute walk apart. The main building is known as the Palace of the Columns and contains most of the classrooms and language labs. The second is referred to as the Buensuceso Building; it is intended primarily for research and contains most of the professors' offices.

Palace of the Columns Building (Main building)

The School of Translation and Interpreting of the University of Granada is based in the Palace of the Counts of Luque (better known as Palace of the Columns), which was rehabilitated in 1946 by the architects Luis Álvarez de Cienfuegos and Juan de Dios Wilhelmi to house the School of Philosophy and Letters and later the Institute of Languages. In 1979 it became the seat of the University School of Translators and Interpreters and in 1992 became the official School of Translation and Interpreting. The popular name, the Palace of the Columns, comes from the Doric and ionic columns that decorate its façade. The U-shaped building with a large garden in the Center is one of the most important examples of neoclassical civil architecture of Granada. The Palace of the Columns Building holds classrooms, the library, Multimedia room, computer rooms, laboratories, the Secretariat, the photocopier, the cafeteria, some professors' offices and the Dean's Office.

Facultad de Traducción e Interpretación
C/Puentezuelas, 55
Telephone: +34 958-242-877

Building of Buensuceso

This building, a stately mansion of the 18th century primarily dedicated to offices, is located in Calle Buensuceso, very close to the main building on Calle Puentezuelas. Its three floors house most professors' offices, the Salón de Grados, the tutoring room, the University Translation Service (STU), a junior company created by the students themselves in the Center and the headquarters of the Sendebarr magazine.

Edificio Buensuceso

C/ Buensuceso, 11 (across from the School of Tourism)

Telephone: +34 958-240-516



POLICIES



Consortium For Advanced Studies Abroad Code of Student Conduct

I understand that, while I am a participant in a CASA study center program, I am required to comply with all CASA policies and procedures, including program-specific policies. I also understand that I am required to comply with the regulations and guidelines of CASA's international partner institution/s and the tenets of community behavior stated by my home institution's Student Code of Conduct. In the event of violation of these, or behavior that is considered by CASA, its international partner institution/s or its representatives to be detrimental to myself, other participants, or the host community, CASA, in consultation with my home institution or host CASA member university, reserves the right to dismiss me as a participant on the program, without refund of payment, for failure to adhere to these standards of conduct. I agree to abide by these rules and regulations at all times during my participation in a CASA study center program.

I acknowledge that, while in the host country, I am subject to its laws and am not protected by the laws of my home country. I also acknowledge that these laws can be different, and may be more stringent, than the laws of my home country. It is my responsibility to take into consideration an accurate perception of the values and norms of the host communities, and the wellbeing of fellow students and program staff, and act accordingly. The following is a non-exhaustive list of prohibited conduct:

1. Violation of safety practices or action or inaction that might cause injury or death to oneself and any other person
2. Sexual or other harassment of any kind
3. Sexual or assault of any kind
4. Creating excessive noise, disturbing the peace, violating individual rights or privacy, or disrupting lawful activities of others
5. Deliberately or carelessly damaging or stealing CASA property or the property of those associated with the CASA center or host community
6. Theft or unauthorized use of property from any other person or entity
7. Unauthorized entry or use of CASA program facilities, including international partner university facilities, or offices of program staff and contacts
8. Possession or use, including the threat of use, of a weapon or other hazardous materials, such as, but not limited to, a firearm, knife, explosive, or other object that could be considered a weapon while on the program
9. Violation of host country laws, including, but not limited to, those that relate to the use of alcohol and controlled substances on the program. Violation of local laws may result in fines, punishment, imprisonment, or deportation, in addition to punitive actions by CASA and/or its member universities and colleges.
10. Failure to comply with the reasonable directions of program employees acting in the performance of their duties
11. Any conduct that jeopardizes CASA's ability to maintain positive relations with its host communities or to continue to carry out its programs, including but not limited to culturally inappropriate behavior or defamatory statements regarding host families, organizations, communities, or countries in "blogs" or other public media
12. Any behavior that disrupts the learning environment, limits the participation of fellow students on the program or restricts access in any way to the curriculum, program activities and/or the group

Public Health & Safety Compliance

I further understand that such laws, regulations and guidelines as those referred to, above, may include health and safety rules and precautions intended to mitigate the spread of COVID-19, MPXV, and other infectious diseases, which rules and precautions may be updated at any time. While acknowledging that these rules and precautions may or may not be effective in mitigating the spread of a particular infectious disease, I agree to comply with such rules and precautions that may include, but are not limited to confinement/isolation, mask wearing, social distancing, among others. I understand that failing to comply with these rules and precautions is a violation of this CASA Code of Student Conduct and that failing to comply could subject me to sanctions up to and including expulsion from the program.

CASA member institutions reserve the right to invoke their college or university procedures to address student behavior that, after appropriate review, is found to have violated their policies as outlined in their respective Student Code of Conduct. Similarly, these proceedings will not negate any actions taken by CASA, its partner institution/s abroad or the host country.

I understand that failure to adhere to these standards of conduct may result in my removal from the CASA study center program, without appeal and without credit. I am aware that upon dismissal from the off-campus activity, participants must leave the CASA program location immediately at their own cost. I also understand that some offenses may also subject a participant to formal home institution disciplinary procedures and/or criminal charges and jail time where the event occurred.

I have read and understand the terms of this Code of Student Conduct and agree to all terms and conditions on behalf of myself, heirs, representatives, executors, or administrators. I further state that I am of lawful age and legally competent to sign this affirmation and release; that I understand the terms herein are contractual and not mere recital, and that I have signed this document of my own free will.

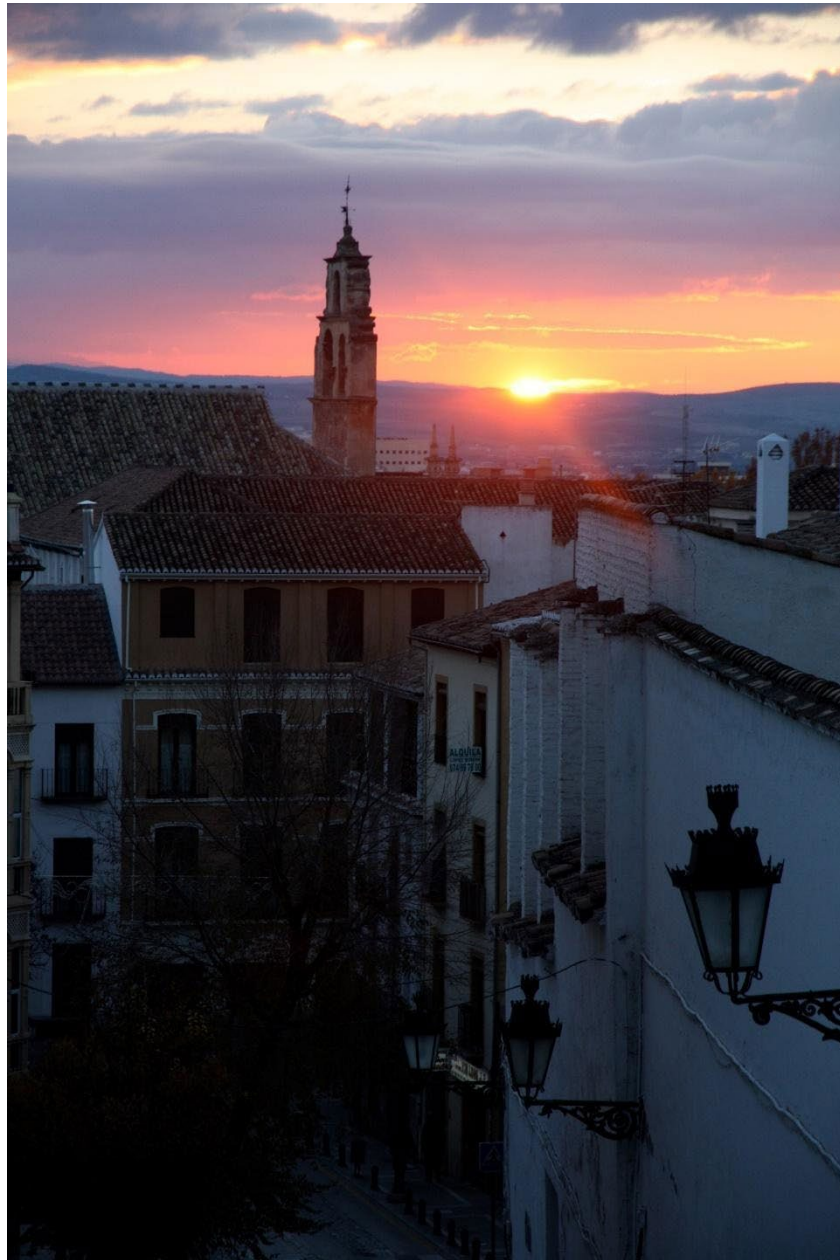
Signature: _____

Printed Name: _____

Date: _____

Adapted with permission, and with acknowledgement and thanks, from the respective codes of student conduct of Cornell University (off campus programs) and the School for International Training.

RE-ENTRY



Returning Home

Grade Reporting

After the conclusion of the program, all grades will be sent to your home school. The original UGR and/or CLM transcripts will be sent to the appropriate office (Registrar or Study Abroad Office) accompanied by an official CASA Granada Grade Report with the course titles translated into English. When applying to graduate schools in the future, official copies of your original Granada transcripts will be required. You can generally obtain these from your study abroad office or consult the CASA Granada staff if necessary.

Reverse Culture Shock

Once you are back home you may have mixed, perhaps conflicting, feelings about your return. Don't worry, you are not alone! You are probably experiencing what is referred to as re-entry or reverse culture shock. People expect to have to adjust when they go abroad, but they may not expect that returning home will also involve an adjustment. You may feel that you have changed while abroad, that you see things here differently and that your family and friends have changed (or not). The adjustment period often lasts for a month or more after you return home.

Common Reactions Include:

- Boredom and Restlessness

After an exciting and stimulating time abroad, returning to family, friends, and old routines can seem dull. It is natural to miss the excitement and challenges which characterize the study abroad experience. Challenge yourself academically and socially, and gradually strike a balance between your life on-campus and your international interests.

- Reverse Homesickness

Home is supposed to be familiar and comfortable. However, after spending a substantial amount of time in another country, coming home may not be as easy as you expected. It is natural to miss the people, places, attitudes or lifestyles that you grew accustomed to in your host country. Try to alleviate these feelings of loss by keeping in contact with people you have met abroad and keeping your international interests alive within your home context.

- No One Wants to Hear

Your family and friends may lose interest in hearing about all of your adventures and observations abroad. Remember that they are not rejecting you or your achievements. You just need to be realistic in your expectations of how fascinating your journey is going to be for anyone, and remember that they may not be able to relate to your experiences. Be sure to attend any re-entry events that your home school organizes where you can share your experiences with others who can/do relate.

- Relationships Have Changed

After a long period of separation, people often need to renegotiate relationships and adjust to being together again. Just as you have developed new perspectives and attitudes while abroad, the people at home are likely to have experienced some changes, too. Flexibility and openness are important qualities in successfully developing new relationships with relatives and old friends.

- Identity issues

Some students feel unsure of how to integrate their old and new selves. Feeling frustrated about the lack of opportunities to apply recently acquired social, linguistic and practical coping skills is also common. Be creative, be patient and above all use cross-cultural adjustment skills developed abroad to assist in your own re-entry.

- Compartmentalization of Experience

Returnees often worry that they will lose their international experiences. Memories and experiences are not souvenir objects that you take out occasionally and look at. Keep your study abroad experience alive by maintaining contacts with friends and host families abroad, talking to people who have experiences similar to yours, pursuing the interests and using the skills you developed when you were abroad. Think about continuing your international studies and internationalizing your career planning at your home school during your senior year.

Cornell University text adapted from "Welcome Home: Managing Reentry or Reverse Culture Shock," by Alice Wu and "The Top Ten Immediate Re-entry Challenges," by Dr. Bruce LaBrack.

For more information and advice regarding re-entry and reverse culture shock visit the U.S. Department of State web pages on the topic: <https://www.state.gov/m/fsi/tc/c56075.htm>.

STUDY ABROAD JOURNAL



U.S. EMERGENCY CONTACT INFORMATION

Amherst College

Office of Global Education: + 1 (413) 542-5691

Barnard College

Study Abroad Contact: + 1 (212) 854-7430

Outside of business hours call Barnard Public Safety: +1-212-854-6666

Brown University

During office hours: +1 (401) 863-3555

Outside of business hours call Brown Campus Police: +1 (401) 863-4111

Columbia University

Emergencies: +1 (212) 854-5555

Cornell University

Emergencies: +1 (607) 255-1111

Dartmouth College

Emergencies: +1 (603) 603-3333

Grinnell College

Off-Campus office: + 1 (641) 269-4790

Harvard University

24-Hour Emergency Response @ Harvard Travel Assist: +1 (617) 998-0000

Johns Hopkins University

Emergencies: Jessica Mervis at +1 410-516-4423

Northwestern University

Emergencies: +1 (847) 491-3456

Swarthmore College

Off-Campus Study: +1 (610) 328-7827 / Public Safety: +1 (610) 328-8333

University of Pennsylvania

Emergencies: +1 (215) 573-3333

Vanderbilt University

Emergencies: +1 (615) 322-2745 Office of Global Safety: +1 (615) 343-4168